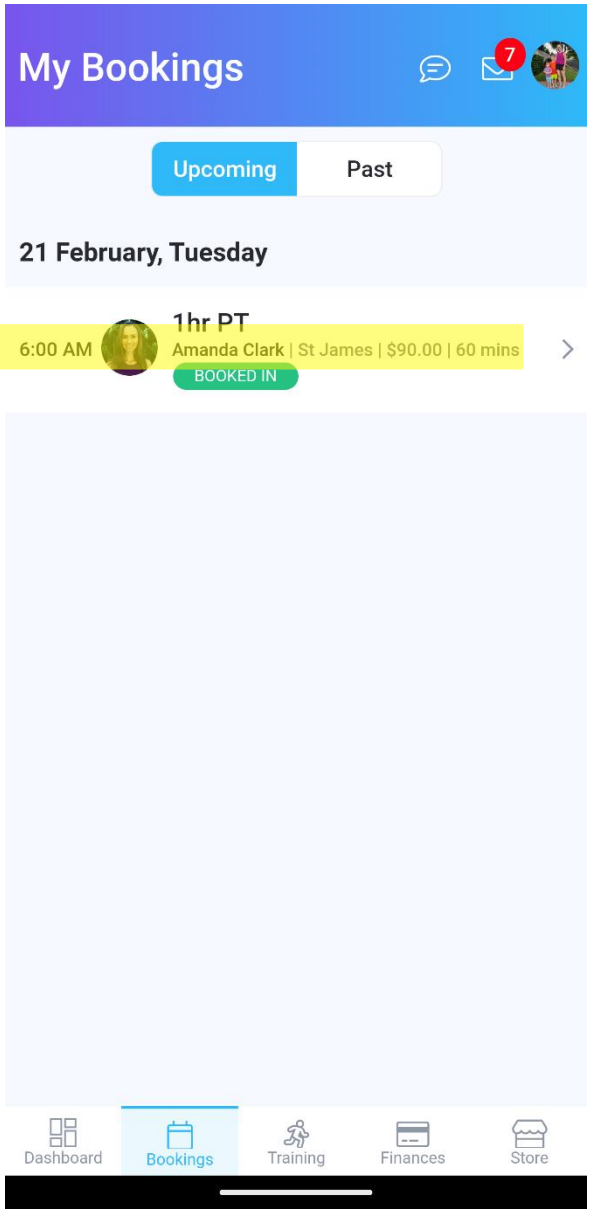
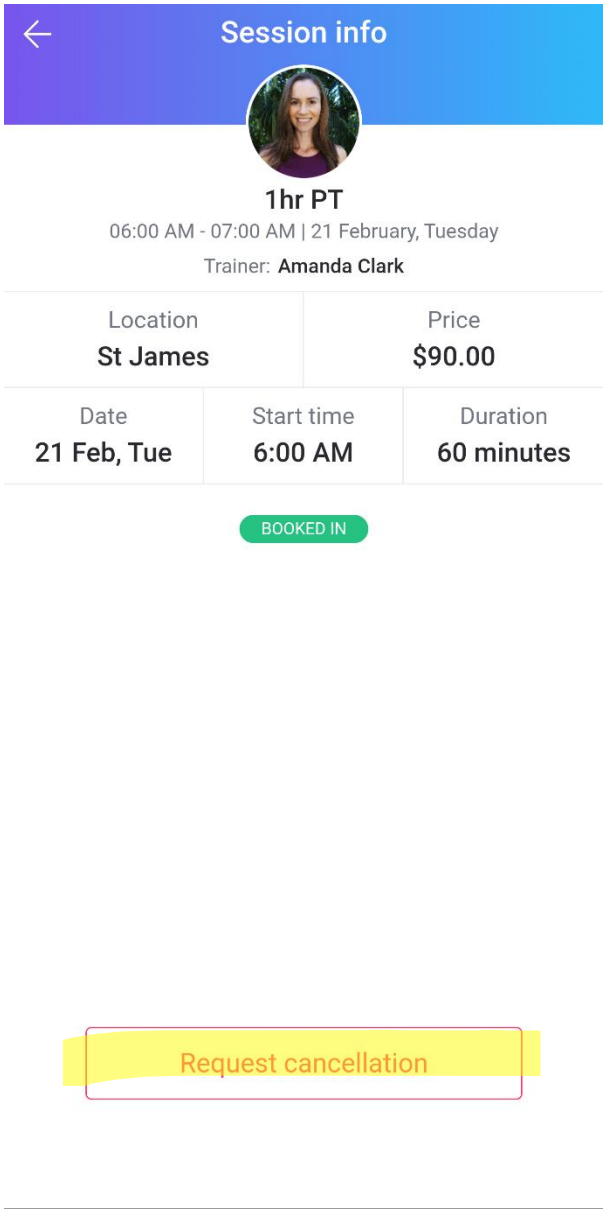
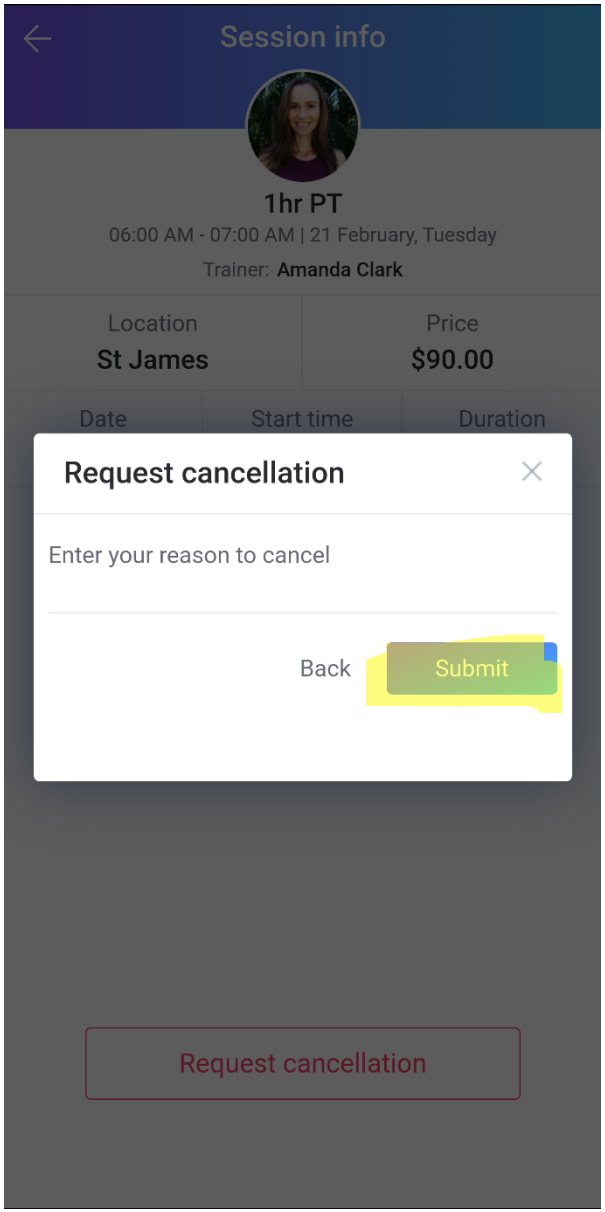


Step 1: Find the booking you want to cancel and click on it



Step 2: Click "Request cancellation"



Step 3: Enter reason for cancel and click ''Submit''

Once you click submit, an email will be sent to both your trainer and Amanda with details of the time/day the session was requested to be cancelled.

If you would like to train another time/day that week to replace the session, please confirm your availability in the request to cancel so we can provide some options. Noting we do require 8hrs notice of a cancellation to allow a reschedule. If you are cancelling at short notice, please text your trainer to ensure they get the message prior to the session start time.